DENTON COUNTY ALUMNAE CHAPTER | DELTA SIGMA THETA SORORITY, INC.



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26th Annual Women's Symposium

"Leading With Purpose, Inspiring Change"

Welcome Cleopatra Birckbichler, Chapter President		
OccasionSequetta Desgraves, Program Chair		
Acknowledgements/IntroductionsO'nikeh Brown-Wilson, Co-Chair		
Event Instructions/ERTSequetta Desgraves Shalanda Gordon-Robinson, ERT Coordinator		
Prayer Kimberly Reed, DCA Chaplain		
Panel Discussion with Q & A LaTarsha Davis, Moderator & Committee Member		
PANELISTS		
Topic: Empowering Women Through Politics June Jenkins-NAACP President Collin County Chapter		
Topic: Women's Reproductive Health Matika Monday - NP, CNM;		
Topic: Emotional Wellness and Healing through Therapy Lynda Carmouche, LCSW-S		
Topic: Financial Fortitude in Our Changing Economy Spring Eatmon - Co-Owner of Max Life Agency		
Vendor Shopping Presented by the Krewe of DCA		

Luncheon and Entertainment...... Kendrick & Friends Big Daddie The DJ

Introduction of Keynote Speaker..... Grateful Dawn Butler, Committee Member Keynote Speaker..... Dr. Deidra Thomas-Murray, MSW Purposeful Women: Making Meaningful Deposits

Charitable Partner Donation...... Rita Lewis, Committee Member

Woman of Excellence Award..... Cleopatra Birckbichler, Chapter President

Closing Remarks..... Cleopatra Birckbichler, Chapter President Sequetta Desgraves, Program Chair

Thank you for supporting our programs & events!

DENTON COUNTY ALUMNAE CHAPTER | DELTA SIGMA THETA SORORITY, INC.

JUNE 28, 2025 JOAM. - 2 P.M. DONATE BLOODU

Help save a life by donating blood! West Side Baptist Church 900 Bellaire Blvd. Lewisville, TX 75067

INCLUDING ONSITE:

- ★ Groovy Chicken & Waffles
- ⋆ Dynamic Speakers

In partnership:



SCAN TO REGISTER:



DENTON COUNTY ALUMNAE CHAPTER

Delta Sigma Theta Sorority, Incorporated is a private, not-for-profit organization whose purpose is to provide assistance and support through established programs in local communities throughout the world. The sorority currently has 1,000 collegiate and alumnae chapters located in the United States, Canada, Japan (Tokyo and Okinawa), Germany, the Virgin Islands, Bermuda, the Bahamas, Jamaica, West Africa, Southern Africa, United Arab Emirates and the Republic of Korea.

Since its founding on January 13, 1913, Delta Sigma Theta Sorority, Inc. has clearly distinguished itself as a public service organization that boldly confronts the challenges of African Americans. In realizing its mission, Delta Sigma Theta Sorority, Inc. provides an extensive array of public service initiatives through its Five-Point Programmatic Thrust of: International Awareness and Involvement, Educational Development, Economic Development, Physical and Mental Health, Political Awareness and Involvement.

Exercising extraordinary vision to establish and promote programs which include support, scholarship, and service to the greater Denton county area communities, fourteen women led the charge for the charter of Denton County Alumnae (DCA).

On March 25, 1995, under the leadership of Southwest Regional Director, Shirley Fridia and the 20th National President, Bertha M. Roddey, Sorors Sharon Burleson, Shelly Bayless Butler, Vicki Byrd, Rose Chew, Bertina Hildreth Combes, DeLana Cofield, Sandra Doublin, Johnnie Gales, Margaret Gipson, Gladys Hildreth, Dr. Valda Morgan, Carolyn Price, Loretta Roberson, and Dorothy Watts humbly committed themselves to provide unwavering support to the Denton county communities.

Since its charter, DCA has seated ten (10) presidents-Dr. Rose Chew, Beverly Marshall, Dr. Valda Morgan, Dorothy Watts, Vicki Byrd, Karen D. Moore, Katrina R. Haley, Cleopatra Birckbichler, Robbin V. Robinson, Darlene M. Petit, and Cleopatra Birckbichler is the current Chapter President. It has been under the leadership of these women that DCA has put on many successful award-winning programs focusing on our Five Point Programmatic Thrust. These programs include but are not limited to; our annual Women's Symposium, Historically Black Colleges and Universities Information Sessions, College Tour, Youth Explosion, Impact Day of Service, World AIDS Day, Delta Academy, Delta G.E.M.S., E.M.B.O.D.I., and our fundraising activities that allow us to provide up to \$10,000 in Scholarships each year to graduating seniors in Denton County.

A recognized recipient for national, regional, and state awards, Denton County Alumnae has blazed the southwest trails by becoming well known for our signature event, The Women's Symposium, a program designed to empower women and our annual Town Hall Meeting, a program that focuses on social action and economic development initiatives.

Additionally, DCA has been instrumental in the development of programs and partnerships throughout the greater Denton county area. We have built strong, continuous, and unyielding relationships with many businesses and organizations.

Denton County Alumnae is a *"Sisterhood Committed to Service."* Through unity and purpose, we are a sisterhood committed to serving Denton County by creating opportunities, building connections, and driving meaningful change. It is Our Responsibility, and It Is Our Legacy!

We are a Sisterhood Committed to Service!

DENTON COUNTY ALUMNAE CHAPTER



Dontrell Adams Jordan Allen Kayla Allen Deanna Marsh Magan Ancar Joan Banks Cleopatra Birckbichler Kalen Birckbichler Shanel Biscette **Carolyn Bond** Theresa Braddy LaShawn Brock Christina Brodie Gerranda Brooks-Smith Jameelah Brown Jasmine Brown Jessica Brown **Onikeh Brown-Wilson** Towanda Bryant Sharon Burleson Grateful Dawn Butler Keela Butler Lizzie Butler Shelly Butler Vicki Byrd Marcia Carson Michelle Chester Rose Chew Penelope Clayborn Veronica Clinkscales Alicia Cooper Natoshia Cornelius Kalilah Coulter **Chantel Crain-Minor Chantay Crawley** Karen Cummings Doritha Cunningham **Yronica** Daniels LaTarsha Davis

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Tonva Demerson Sandra Doublin **Robbie Douglas** Andrante Etheridge Lakeshia Evans **Francess Flowers** Gail Ford Showanda Fountain Stacia Fuller-Hallman Kendene Fullylove **Delissa** Gaines Joannette Gales-Calloway **Chelsie Gallimore** Tamara Giddings Anitra Givens Toni Goodman Shalanda Gordon-Robinson Lori Gore-Green Elizabeth Gowans Candice Gray-Jackson Gretta Griffin-Hurd **Dimond Hall** Myekye Hamiliton Sequetta Hankins-Desgraves Harriet Harris Kandra Haslem Norquitta Haynes Amia Heggins Otisha Hickey-Gilreath **Diedra Hollins** Marlene Hood Tarrunica Howell DeLynn Hudson **Kimberly Hughes** Taneekwa Hurdle Andrea Hutchinson Paulette Ivory D. Michelle Jackson Jamila Jackson

La'Unice Jackson Cynthia Jones Lemoine Jones **Stacey** Jones Kristin Lawson LaKeisha Lewis **Rita Lewis** Chandra Manuel **Beverly Marshall** Gwendolyn McClow Tysha McGuire Farah McLaughlin Pamela Milner Felisha Mims Matika Monday Lindsay Moorehead Lisa Morgan Valda Morgan Lori Morris Monisha Neal Kristen Newman **Rita** Oliver Anjal Patterson Cissi Patterson **Ronnie Pegram Carron Perry Demeatrice** Peters **Darlene** Petit Diarra Polk **Carolyn** Price Marquita Pridgeon Linda Prince-Johnson Amy Pruitt **Kimberly Reed** Theresa Roberson **Tiffany Robertson** Sydnee Robertson Adina Robinson Cvdne Robinson

Jaun Robinson Lauren Roquemore Alicia Ross Ratonia Runnels **Tomika Sanders** Jennifer Scott **Tiffany Scott Edna Shambry** Shayla Sistrunk Sherri Sistrunk **Christie Smith Ciarre Smith** Gabrielle Smith **Jatalia Smith Rose Smith Danielle Spears Charmin Spencer** Stephanie Stevenson Sierra Suggs Victoria Tatum Chijuana Terrell Earlie Thomas Victoria Thomas Benita Tubbs **Tiare Vaughn** Edna Ward Nakisha Watkins **Dorothy Watts** Nikol Watts Blackmon Erica Wellons Chandra Wilburn Latonjia Williams Philana Williams Jennifer Willis Resheda Winford-Brown Sheila Wise Naomi Woodard Shaqwashia Young

○○○ President's Welcome ○○○



Greetings Guests, Speakers, and Participants,

On behalf of the Denton County Alumnae Chapter of Delta Sigma Theta Sorority, Inc., it is with immense pleasure and enthusiasm that I extend a warm welcome to each of you to our 26th Annual Women's Symposium!

This 26th year of our Signature Event continues to mark our journey of empowerment, collaboration, and celebration of the achievements and contributions of women. Each year we are reminded of the incredible progress we have made, the challenges we have overcome, and the opportunities that lie ahead.

Our Theme this year is "Leading with Purpose, Inspiring Change." It is more than a theme; it is a call to action. As we gather for our 26th Annual Women's Symposium, we are reminded of the power that lies within each woman to lead with intention and to spark meaningful transformation in her home, workplace, and community.

For over two decades, this Symposium has been a catalyst for connection, growth, and empowerment. As we continue this tradition, we honor the voices and journeys of all women while equipping future leaders to step boldly into their divine calling. Together, we lead. Together, we inspire. Together, we change the world.

I would like to express my deepest gratitude to our keynote speaker, panelists, entertainment, and vendors of Black Owned Businesses, who have graciously given their time and expertise to enriching our symposium with their insights and experiences. Your contributions are invaluable, and we are grateful for your unwavering support.

To our sponsors and partners, I extend a heartfelt thank you for your generous contributions and unwavering commitment to making this event a resounding success. Your support enables us to continue empowering women and creating a platform for meaningful dialogue and collaboration.

Finally, to our attendees, I encourage you to engage and seize every opportunity to learn, grow, and connect. Together we can break barriers, shatter stereotypes, and pave the way for a more equitable and inclusive future for women.

I want to give a very special thanks to our Women's Symposium Committee under the leadership of Sequetta Desgraves-Committee Chair. Thank you all and Job. Well. Done!

Once again, welcome to our 26th Annual Women's Symposium. May our Signature Event continue to serve as a catalyst for positive change, inspire new perspectives, and ignite the flames of empowerment within each and every one of us.

With Warm Regards,

Cleopatra Birckbichler

Cleopatra Birckbichler, President Denton County Alumnae Chapter

• • • Words from the Women's Symposium Chair • • •



I want to take a moment to express my sincere gratitude to each one of you for your participation and support during the 26th Annual Women's Symposium.

To our panelists and guest speaker, the enthusiasm, thoughtful questions, and insightful discussions you brought to the table made all the difference. We are grateful for the time and information you shared with us.

Music holds a special place in our lives as it is a universal language that connects people, lifts our spirits and soothes our Souls. A special thanks to our musical entertainment for bringing our event to life through song and dance.

To our attendees, your presence and involvement is truly invaluable and essential to the success of the program. I hope and trust that you found the experience enriching, uplifting and informative.

A heartfelt thank you goes out to the members of the Women Symposium and Economic Development committees for your tireless dedication and commitment behind the scenes. From planning to coordinating the Black Owned Businesses and ensuring every detail ran smoothly, your hard work was instrumental in making this program a success. We are fortunate to have such dedicated and passionate sisters working together to create an environment that fosters learning, connection, and growth.

Once again, thank you for entrusting me with chairing the 26th Annual Women's Symposium and I hope this was a meaningful experience. We hope to see you at future events as we continue this important work of *Leading With Purpose* and *Inspiring Change* in our homes, respective workplaces, and the community.

Best Regards,

Segentta Hankins-Desgraves Women's Symposium Chair

DENTON COUNTY ALUMNAE CHAPTER















Cleopatra Birckbichler , Chapter President Towanda Bryant, First Vice President Lemoine Jones, Second Vice President Cynthia Jones, Recording Secretary Shalanda Gordon-Robinson, Corresponding Secretary Andrante Etheridge, Treasurer Carron Perry, Financial Secretary



O O Women's Symposium Committee O O O

Cleopatra Birckbichler – Chapter President Sequetta Desgraves - Chair Carolyn Bond Towanda Bryant Andrante Etheridge LaTarsha Davis **Amy Pruitt** DeAnn Marsh Val Morgan Lemoine Jones Christina Brodie **Rita Lewis Onikeh Brown-Wilson** Stephanie Stevenson Grateful Dawn Butler **Yronica** Daniels Naomi Woodard

000 Keynote Speaker 000



DR. DEIDRA C. THOMAS-MURRAY, MSW

Dr. Deidra Thomas-Murray, originally hailing from New Orleans and later relocating to St. Louis in the aftermath of Hurricane Katrina, is a distinguished professional in the field of education and social work. She holds a Doctor of Education degree from the University of Missouri-Saint Louis, complemented by master's and bachelor's degrees in social work from Southern University at New Orleans. Dr. Deidra is not only a Lifetime Qualified School Social Worker but also a certified Family, Divorce, and Civil Mediator. She is a renowned keynote speaker, national educator, devoted mentor, published author, and a passionate advocate for vulnerable populations.

Dr. Deidra's extensive body of work includes several published articles addressing critical topics such as toxic relationships, the challenges faced by homeless students post-Katrina, and the impact of violence on youth. She has authored self-help handbooks, *"Let's Talk: Parental Education Support Group"* for parents residing at domestic violence shelters and "Education after High School Graduation" for at-risk youth. Dr. Deidra has also written a book titled "Relationships: Shortest Story Ever Told but Longest Ever Lived" and co-authored the publication *"Surfing without Water: College Students Who Experience Homelessness."*

In recognition of her exceptional contributions, Dr. Deidra Thomas-Murray has received numerous accolades, including the prestigious Legislative Policy Fellow title with Schoolhouse Connections. She was honored with Washington University's Rosa L. Parks Award, University of Missouri-St. Louis' 2021 Excellence in Civic Engagement Award and the School Social Work Association of Missouri's 2019 Friend Award. Additionally, she was nominated for the 2017 Presidential Lifetime Achievement Award for her outstanding volunteer services. Dr. Deidra's unwavering commitment to advocacy, education, and social services continues to make a profound impact on the lives of those she serves.

000 Cur Panelists 000



JUNE JENKINS

Topic: Empowering Women Through Politics

June Perdue Jenkins is the founder of Noir Lifestyles of Collin County, a digital/print platform covering news and other information for people of color in Collin County and North Texas. June also operates a promotional products company and is involved in several local organizations. Most recently, she graduated from Leadership North Texas, is a member of Plano Metro Rotary Club, and is President of the Collin County NAACP.

June's passion is serving the African American and senior community. Her commitment to serving the African American

community is a reflection of her parents, who were active in civil rights. June reactivated the Collin County Branch of the NAACP where she is currently serving her third term as branch president. Under her leadership, they hosted a free Legal Aid Clinic for residents in Collin County, hosted a Freedom School teaching 24 middle school students about Black History, and worked with the Collin County District Attorney on an Expungement Initiative that has expunged the records of over 600 residents.



MATIKA MONDAY, NP, CNM

Topic: Women's Reproductive Health

Matika Monday received both her BSN and MSN from Texas Tech University in Lubbock, Texas. When she is not working with a variety of women, she enjoys spending time with her family – her husband and five children: three boys and twin girls. You can often find her supporting her kids at various sporting events, serving at her local church, or volunteering at community outreach programs.

"I love educating, supporting, and encouraging women during the most vulnerable and unpredictable times in their lives. My concentrations are in promoting preventive care for women, natural childbirth, breastfeeding support, and contraceptive education."

000 Cur Panelists 000



LYNDA CARMOUCHE LCSW-S

Topic: Emotional Wellness and Healing through Therapy

Lynda Carmouche's journey is rooted in resilience and built on divine purpose. With 28 years in the mental health field, she is a licensed therapist, international speaker, consultant, and the #1 Amazon Best-Selling Author of *Polished Pain: The Cost of Burnout and Unresolved Trauma*. Her book hit #1 in three categories within 15 hours of release, resonating deeply with readers ready to confront the silent weight they carry. Her message is raw and real: burnout isn't the problem—it's the proof of what's been ignored for far too long.

She is the founder of Lynda Carmouche Psychotherapy & Training and a two-time graduate of Southern University. She is also a proud member of Delta Sigma Theta Sorority, Inc. and a graduate of The Potter's House School of Ministry. Her faith is the anchor of everything she does. Over the years, she has served as a public school teacher, a foster parent, and a social worker for juvenile offenders—roles that deepened her understanding of human suffering and strengthened her call to disrupt it. Lynda Carmouche doesn't just offer insight—she offers truth, transformation, and a sacred permission to finally exhale. Her voice is bold. Her impact is lasting. And her presence? Unforgettable.

Topic: Financial Fortitude in Our Changing Economy



Spring Eatmon is a dynamic leader with a multifaceted background in healthcare administration, entertainment, and finance. After experiencing the power of financial literacy firsthand, she boldly retired herself from her executive role at Kaiser Permanente at just 28 to pursue her passion for transforming lives through financial empowerment.

Today, she and her husband Curtis co-lead Max Life Agency and The SPRING EATMON generational wealth and purpose driven legacies. They also host a

a podcast and YouTube series, Meet The Eatmons, where they mentor couples and families to alignment, faith, and prosperity.

A devoted wife, mother of four, and woman of deep faith, Spring has led a nationwide prayer call, Diary of a Believer, every Monday morning for over a decade. She is a fierce advocate for women in business and leadership and is deeply committed to coaching others into purpose. Spring Eatmon is more than a businesswoman, she's a legacy architect, faith leader, and catalyst for lasting transformation.





Nearly one in two Americans has diabetes or prediabetes. It's a disease that affects us all and it will take us all to stop it. The American Diabetes Association (ADA) is leading the charge to prevent and cure diabetes and to improve the lives of all people affected by diabetes. You can take action and join the fight to change the curve on the diabetes epidemic through volunteering, advocating, fundraising, donating, and more. Together, we can end diabetes.

diabetes.org

		_June 14 _ 20 <u>25 _</u>	
PAY TO THE American Diabetes Association \$500			
FIVE HUNDF	RED	DOLLARS	
MEMO_Donation		Denton County Alumnae	
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KENDRICK & FRIENDS



Kendrick & Friends is a collective of musicians and vocalists bound together by a shared love for music.

Each show is tailored to its audience by curating custom sets that are backed by skilled musicians and dynamic vocals. Formed in 2019 by a group of collaborators, we specialize in creating unforgettable musical moments.

To book *Kendrick & Friends* for your next gathering, holiday party, or special event, reach out to Kendrick Meeks at: kmeeks225@gmail.com.



DJ BIG DADDIE

Specializing in the craft of music entertainment, the versatile mix master has gained respect from his community, fans, peers, and fellow DJs with his engaging presence, anchored by his ability to appeal to the masses. As Founder and President, "big daddie THE DJ" launched VirDiKO Global Music Promotion,

www.VirDiKO.com (Virtual Distribution KOmpany). His highly recognized music promotion service paired with valuable years of experience in the music business has laid the groundwork to support other artists and DJ's, forming a praiseworthy fellowship. "big daddie THE DJ...That's MY DJ", is the motto shouted by so many, and is a credit to the DJ's remarkable talents. A native Son of New Orleans, Louisiana, "big daddie THE DJ" has fans across the globe claiming, "big daddie THE DJ...That's MY DJ". As soon as the name, "big daddie THE DJ" is tagged to an event, people know that it's the place to be and that they are guaranteed to have a great time!



CONGRATULATIONS DENTON COUNTY ALUMNAE CHAPTER

FOR 30 years of Sisterhood, Scholarship, Service & Social Action IN THE COMMUNITY!



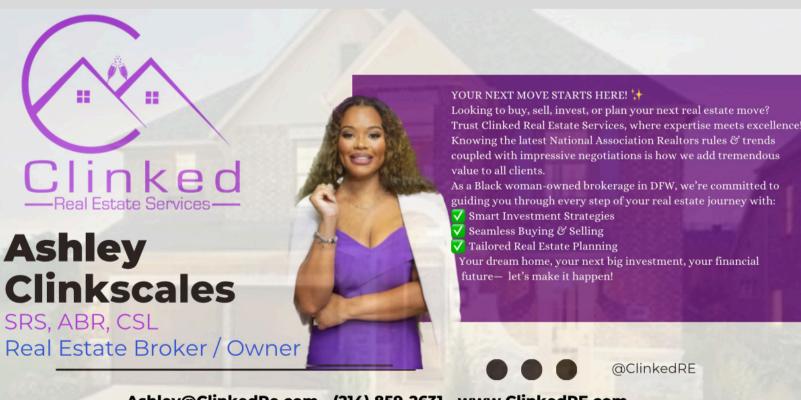
Totaling Our Resources Changing Humankind

DELTA PUBLIC SERVICE FOUNDATION OF DENTON COUNTY 501(c)(3)

Board of Directors

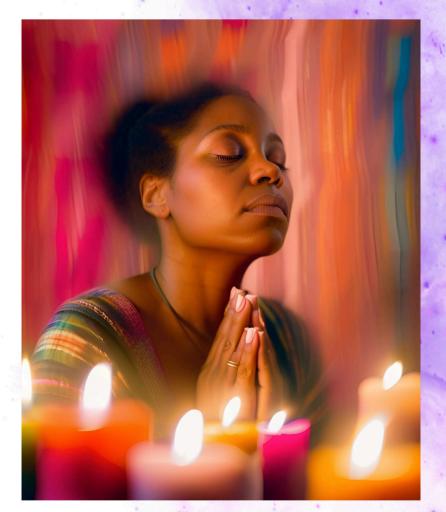
Ms. Cassandra Berry Mrs. Diana Frierson Rev. Gretta Griffin Hurd Dr. Vanessa Washington Ms. Danielle Wilson Ms. Dorothy Watts, Chair

www.dpsfofdentoncounty.org dpsfdc06@gmail.com



Ashley@ClinkedRe.com - (214) 859-2631 - www.ClinkedRE.com





Congratulations

to the Denton County Alumnae Chapter on your 26th Annual Women's Symposium!

Women of Purpose and Inspiration!

St. James AME Church 1107 E. Oak Street Denton, TX 76205 Rev. Mason Rice, Jr. , Pastor



YOU HAVE THE RIGHT DENTON To Reclaim Your Story

Weds., June 25, 2025 from 9 a.m.-12 p.m.

2030 W. University Dr. • Denton, TX 76201

WHAT: EXPUNCTION CLINIC

Need to clean up your record but have no idea where to start? Goodwill will work with 50 individuals **FREE OF CHARGE** to:

Check your record

WHERE:

- See if you qualify for expunction
- Generate your legal documents
- Help you file directly with the court
- Scrub your record from 100's of databases

For more information email lfaulkner@goodwillnct.org.

COURT IN THE COMMUNITY

THE DENTON MUNICIPAL COURT is holding a Safe Harbor event where residents can visit without fear of being arrested for outstanding warrants. If seeking alternatives to payment, please bring all the necessary documents.

- Time Served bring your booked in and booked out paperwork
- Community Service/Indigence –documentation that you can't afford to pay your warrants
- Time Payment Plans
- Please bring two forms of ID



Pre-Register for Court in the Community



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Pre-Register for Expunction

IN MEMORIAM

Denton County Alumnae Chapter of Delta Sigma Theta Sorority, 9nc. in memory of our

Beloved Soror, R. De Lana Cofield

She has entered into the OMEGA OMEGA CHAPTER Of Delta Sigma Theta Sorority, 9nc.

> DCA Charter Member March 25, 1995 — September 1, 2022

Soror Cofield was a faithful member of Denton County Alumnae Chapter. Her beauty, dedication, loyalty, and service will never be forgotten.

Don't sit by my grave and cry, 9 am not there My spirit in Delta will not die.

Your Delta Family will forever miss you!

○ ○ Woman of Excellence Award ○ ○ (

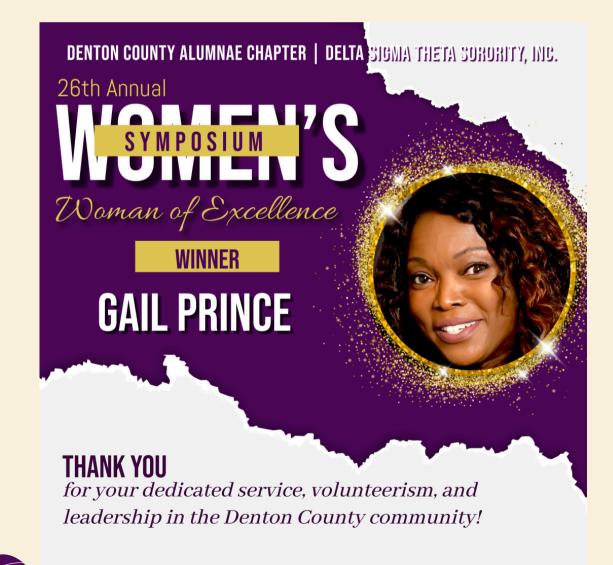
The Woman of Excellence Award is presented each year at the Women's Symposium. This award goes to an individual who contributes significantly to improving the quality of life for others through hands-on work. This woman exemplifies inspirational leadership and initiative through teaching, coaching, organizing, serving on boards, committees, and other leadership roles within the community.

The recipient has an extraordinary commitment to volunteering and creating a lasting impression on the Denton County community with passion and inspiration.

She is a modern-day hero who is selfless, courageous, confident, committed, caring, and a woman of integrity.

She addresses disparities in areas ranging from health and wellness to social, economic, and educational concerns within communities of color, particularly focusing on African Americans.

Congratulations to the Woman of Excellence Award Recipient 2025!



O Vendors O O O

Absolute Wellness Cherish Your Jewel Cindi Lou's Kreations For The Culture Art Shop Imana Boutique Jones Global Travel Kiblers.shop Nevaeh's Bath and Body **Planet Marketing** She Ran Herself FIT! Sweet Crumbs Sydoni Skincare and Beauty TC's Pieces of Love **TriCity Embroidery**





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